



START YOUR DAY THE HEALTHY WAY

First "10" Flavors are Standard Formula 1 Flavors

		1 Scoop	1 Scoop	1 Scoop	1 Scoop
	Flavor	Formula 1	Formula 1	Protein - PDM	Extra Flavor
1	Banana Caramel	Banana Caramel	Banana Caramel	Vanilla	
2	Café Latte	Café Latte	Café Latte	Vanilla	
3	Chocolate	Chocolate	Chocolate	Chocolate	
4	Cookies & Cream	Cookies & Cream	Cookies & Cream	Vanilla	
5	Dulce de Leche	Dulce de Leche	Dulce de Leche	Vanilla	
6	Mint Chocolate	Mint Chocolate	Mint Chocolate	Vanilla	
7	Orange Cream	Orange Cream	Orange Cream	Vanilla	
8	Piña Colada	Piña Colada	Piña Colada	Vanilla	
9	Vanilla (French Vanilla)	Vanilla	Vanilla	Vanilla	
10	Wildberry	Wildberry	Wildberry	Vanilla	
Seasonal Flavors Below - Not Always Available					
**	Pralines & Cream	Pralines & Cream	Pralines & Cream	Vanilla	
**	Pumpkin Spice	Pumpkin Spice	Pumpkin Spice	Vanilla	
11	50/50 Bar	Orange Cream	Vanilla	Vanilla	
12	Abba Zabba	Vanilla	Vanilla	Vanilla	*Peanut Butter
13	Almond Joy	Pina Colada	Pina Colada	Chocolate	
14	Animal Cracker	Café Latte	Orange Cream	Vanilla	*Peanut Butter
15	Apple Pie	Cookies & Cream	Cookies & Cream	Vanilla	Apple Fiber/Cinnamon
16	Banana Nut Bread	Cookies & Cream	Banana Caramel	Vanilla	*Cinnamon
17	Banana Split	Banana Caramel	Vanilla	Chocolate	Wildberry BM - Peanuts
18	Bit-O-Honey	Café Latte	Cookies & Cream	Vanilla	*Peanut Butter
19	Butterfinger	Cookies & Cream	Cookies & Cream	Vanilla	*Peanut Butter
20	Caramel Apple	Cookies & Cream	Dulce de Leche	Vanilla	Apple Fiber
21	Caramel Banana Latte	Banana Caramel	Café Latte	Vanilla	
22	Caramel Chocolate Banana	Dulce de Leche	Banana Caramel	Chocolate	
23	Caramel Latte	Dulce de Leche	Café Latte	Vanilla	
24	Caramel Mocha	Dulce de Leche	Café Latte	Chocolate	
25	Chai Shake	Vanilla	Vanilla	Vanilla	Chai 1/2 Tsp
26	Chocolate Banana	Banana Caramel	Banana Caramel	Chocolate	
27	Chocolate Caramel Banana	Banana Caramel	Banana Caramel	Chocolate	
28	Chocolate Strawberry	Wildberry	Wildberry	Chocolate	
29	Chunky Monkey	Dulce de Leche	Cookies & Cream	Chocolate	PB2 & 1/2 Banana
30	Cinnamon Dulce Latte	Dulce de Leche	Café Latte	Vanilla	*Cinnamon

31	Cinnamon Roll	Cookies & Cream	Cookies & Cream	Vanilla	*Cinnamon
32	Cinnamon Toast Crunch	Dulce de Leche	Cookies & Cream	Vanilla	*Cinnamon
33	Double Caramel Banana	Dulce de Leche	Banana Caramel	Vanilla	
34	Fruity Pebbles	Orange Cream	Wildberry	Vanilla	
35	Girl Scout Mint Cookie	Mint Chocolate	Cookies & Cream	Chocolate	
36	Green Apple	Vanilla	Vanilla	Vanilla	Apple Fiber
37	Horchata	Orange Cream	Cookies & Cream	Vanilla	*Cinnamon
38	Juicy Fruit	Orange Cream	Pina Colada	Vanilla	
39	Lemon Cheesecake	Dulce de Leche	Dulce de Leche	Vanilla	Lemon Crystal Light
40	Lemon Cookie	Cookies & Cream	Cookies & Cream	Vanilla	Lemon Crystal Light
41	Mint Vanilla	Mint Chocolate	Cookies & Cream	Vanilla	
42	Mocha	Café Latte	Café Latte	Chocolate	
43	Neopolitan	Wildberry	Vanilla	Chocolate	
44	Orange Julius	Orange Cream	Orange Cream	Vanilla	H3O Orange
45	Orange Tootsie Pop	Orange Cream	Orange Cream	Chocolate	
46	Oreo Cookie	Cookies & Cream	Cookies & Cream	Chocolate	
47	Pay Day	Dulce de Leche	Dulce de Leche	Vanilla	PB & Peanuts
48	Peach	Vanilla	Vanilla	Vanilla	Peach BM
49	Peachy Colada	Pina Colada	Pina Colada	Vanilla	Peach BM
50	Peanut Butter & Jelly	Wildberry	Vanilla	Vanilla	*Peanut Butter
51	Peanut Butter Apple	Cookies & Cream	Cookies & Cream	Vanilla	PB2 - Apple Fiber
52	Peanut Butter Toast Crunch	Dulce de Leche	Cookies & Cream	Vanilla	PB2 & Cinnamon
53	Reeses	Chocolate	Chocolate	Chocolate	*Peanut Butter
54	Rocky Road	Chocolate	Dulce de Leche	Vanilla	*Cinnamon
55	Rolo	Dulce de Leche	Chocolate	Chocolate	
56	Skittles	Orange Cream	Wildberry	Vanilla	Strawberry Lemonade
57	Snickers Doodle	Vanilla	Vanilla	Vanilla	*Cinnamon
58	Snickers	Cookies & Cream	Dulce de Leche	Chocolate	PB & Peanuts
59	Starburst	Wildberry	Wildberry	Vanilla	Strawberry Lemonade
60	Strawberry Cheesecake	Dulce de Leche	Wildberry	Vanilla	
61	Strawberry Lemon Cheesecake	Dulce de Leche	Dulce de Leche	Vanilla	Strawberry Lemonade
62	Strawberry Lemon Cookie	Cookies & Cream	Cookies & Cream	Vanilla	Strawberry Lemonade
63	Very Berry	Wildberry	Wildberry	Vanilla	Wildberry BM

Protein Snack: Aloe (3) - Tea (1) - Beverage Mix (2) - Apple Fiber (1)